SCHOOL CANTEEN GYMEA BAY PUBLIC SCHOOL



~ BURGERS & ROLLS ~

Grilled Chicken Burger (E) (H) \$5.00 Marinated chicken breast, lettuce & Aioli mayo Veggie Burger (E) \$5.00

Veggie pattie, lettuce, tomato & aioli mayo

Chicken Pattie (O) (H) \$5.00

Breast Fillet Pattie, lettuce & mayo

\$5.00 Big Beef (E) (H) Homemade beef patty, fried onion, beetroot,

tomato & lettuce (Choice of sauce)

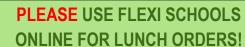
~ MIXED BAR ~

Beef Nachos (O) (H) \$5.50

Corn Chips, seasoned beef, lettuce, cheese, tomato, sour cream & avocado

Naked Vegetarian Nachos (O) \$5.50

Corn Chips, seasoned beans, lettuce, cheese, tomato, sour cream & avocado



www.flexischools.com.au

EXTRAS

Tomato, cheese, onion \$0.60 Shredded Cheese \$0.60 Sauce Portions (Tomato or Bbq) \$0.40

~ COLD DRINKS ~

\$2.60 Harvey Juice 250ml (E) Orange, apple, orange & mango Water Spring Water 600ml (E) \$2.00

~MILK ~

\$2.00 Plain Milk (E) \$2.60 Oak Lite - 250ml (E) Chocolate or Strawberry

HOME MADE PIZZA - (E) (H)

\$4.50 Cheese Vegetarian \$4.50 **Bbq Chicken** \$4.50 Ham & Cheese \$4.50

~HOT BAR~

Chicken Nuggets (O) (H) \$0.80 Chicken Nuggets x 4 (O) (H) \$3.00 \$4.20 Chicken Nuggets x 6 (O) (H) Hot Dog w/Sauce (O) (H) \$4.00 Hot Cheese Roll (E) \$3.00 Cup Noodles (O) \$3.00 (Beef or Chicken)

~ FROZEN TREATS~

Quelch 99% Fruit Stick 70ml (E) \$1.00 Frozen Watermelon (E) \$2.00 Frozen Orange (E) \$2.00 Mony (E) \$1.50

(Lemon Ice, Red Berry Blast)

~ SNACKS ~ Sliced Watermelon (E) \$1.50 Fruit (Seasonal) (E) \$1.00 Fruit Salad (E) \$3.50 Cheese & Rice Crackers (E) \$2.50 MTB are NSW Healthy School Canteen **Approved Operators**

FOOD CODING

Everyday / O Occasionally

GF **Gluten Free** Halal

COMBO DEAL -WHEN YOU SPEND

MONDAY 2 FRIDAY ONLY

MONDAY

WEDNESDAY

Spaghetti Bolognese (E) (H)

Oven Baked Wedges (O) (H) \$5.00 Served with sour cream & sweet chilli

TUESDAY

Chicken Schnitzel, Mash & Gravy (O) (H) \$4.00 Small / \$6.00 Large homemade schnitzel with mashed potato & gravy

THURSDAY

Butter Chicken & Rice (E) (H) \$4.00 Small / \$6.00 Large

Chicken breast sautéed in a butter chicken sauce & served with steamed rice

homemade Bolognese sauce tossed with spaghetti



\$4.00 OR MORE

\$1.50

FRIDAY

Macaroni Cheese (O) \$4.00 Small / \$6.00 Large

\$4.00 Small / \$6.00 Large

pasta baked with cream, cheese, parsley & herbs